

A fulfilling marriage is realized, to a large degree, through:

- ✧ Realistic expectations
- ✧ Good communication
- ✧ Effective handling of conflicts
- ✧ Successful adjustments to differences and expectations
- ✧ The development of healthy intimacy

Partners who achieve each of these early in their relationship improve their chances of having a vital lasting marriage and of keeping love alive despite the myriad pressures of modern life.

The Rev. Canon Joseph A. Dubay
Program Coordinator

Hundreds of couples have attended this workshop in the past seventeen years. Uniformly they state that they would recommend this workshop to any couple planning to marry.



What makes a good marriage?

How do you overcome the barriers to the rich intimacy and longevity you hope for?

What do you need to turn conflict into growth?

What vision of your marriage will you pursue together?

These are the questions and issues we will explore together.



PRE-MARITAL WORKSHOPS

For Engaged Couples

2010 Schedule:

March 12-13

July 16-17

October 22-23

Sponsored by
Trinity Episcopal Cathedral



147 NW 19th Avenue
Portland, Oregon 97209

Tel: (503) 222-9811
Fax: (503) 294-7069

www.trinity-episcopal.org

The Program

In this workshop, each couple:

- ✧ Develops a mutual marriage vision
- ✧ Learns tools to make a marriage work
- ✧ Clarifies and deepens understanding of their partners unique expectations

Areas explored include:

- ✧ Mutual expectations
- ✧ Communication tools
- ✧ Conflict resolution
- ✧ Sex & gender issues
- ✧ Values & beliefs



Workshops are led by The Rev. Canon Joseph Dubay, M.Div., Marriage and Family Therapist, and Janet Kasameyer, MSW.

Topics are covered by short talks, group discussion, couple dialogue and exercises.

Participants are expected to attend the whole workshop.



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March 12-13

July 16-17

October 22-23

The workshops are Friday evening from 7:00 to 9:00 pm and Saturday 9:00 am to 4:00 pm. They are held at Trinity Cathedral.

A Letter of Completion is sent to the officiating clergy upon completion of the workshop.

Officiating clergy, not the workshop leaders, are responsible for Canonical Issues, marriage decision or readiness, and wedding arrangements.

Participants are encouraged to share issues and insights from the workshop with the clergy officiating at their wedding.

Participation in your local congregation during the engagement period is encouraged.

Workshop Fee: \$150 per Couple

Payable to Trinity Cathedral

To Register:

Return the completed registration with your check to:

Pre-Marital Workshop
Trinity Episcopal Cathedral
147 NW 19th Avenue
Portland, OR 97209

Registration

Please register us for the Pre-Marital Workshop on:

(Make check payable to Trinity Cathedral)

Name: _____

Address _____

City/State/Zip _____

Day Phone _____

Evening Phone _____

Partner's Name: _____

Address _____

City/State/Zip _____

Day Phone _____

Evening Phone _____

Please indicate e-mail address to receive notices: _____

Parish/Mission in which you will be married. If outside the Diocese of Oregon, please include the address: _____

Officiating Clergy, if known: _____

Wedding Date: _____