

A fulfilling marriage is realized, to a large degree, through:

- ✧ Realistic expectations
- ✧ Good communication
- ✧ Effective handling of conflicts
- ✧ Successful adjustments to differences and expectations
- ✧ The development of healthy intimacy

Partners who achieve each of these early in their relationship improve their chances of having a vital lasting marriage and of keeping love alive despite the myriad pressures of modern life.

The Rev. Canon Joseph A. Dubay  
Program Coordinator

*Hundreds of couples have attended this workshop in the past seventeen years. Uniformly they state that they would recommend this workshop to any couple planning to marry.*



*What makes a good marriage?*

*How do you overcome the barriers to the rich intimacy and longevity you hope for?*

*What do you need to turn conflict into growth?*

*What vision of your marriage will you pursue together?*

These are the questions and issues we will explore together.



# PRE-MARITAL WORKSHOPS

## For Engaged Couples

### 2012 Schedule:

April 20-21

June 8-9

September 14-15

Sponsored by  
Trinity Episcopal Cathedral



147 NW 19th Avenue  
Portland, Oregon 97209

Tel: (503) 222-9811  
Fax: (503) 294-7069

[www.trinity-episcopal.org](http://www.trinity-episcopal.org)

# The Program

## In this workshop, each couple:

- ✧ Develops a mutual marriage vision
- ✧ Learns tools to make a marriage work
- ✧ Clarifies and deepens understanding of their partners unique expectations

## Areas explored include:

- ✧ Mutual expectations
- ✧ Communication tools
- ✧ Conflict resolution
- ✧ Sex & gender issues
- ✧ Values & beliefs



Workshops are led by The Rev. Canon Joseph Dubay, M.Div., Marriage and Family Therapist, and Janet Kasameyer, MSW.

Topics are covered by short talks, group discussion, couple dialogue and exercises.

Participants are expected to attend the whole workshop.



# 2012 Schedule:

April 20-21

June 8-9

September 14-15

The workshops are Friday evening from 7:00 to 9:00 pm and Saturday 9:00 am to 4:00 pm. They are held at Trinity Cathedral.

A Letter of Completion is sent to the officiating clergy upon completion of the workshop.

Officiating clergy, not the workshop leaders, are responsible for Canonical Issues, marriage decision or readiness, and wedding arrangements.

Participants are encouraged to share issues and insights from the workshop with the clergy officiating at their wedding.

Participation in your local congregation during the engagement period is encouraged.

Early registration is encouraged

## Workshop Fee: \$150 per Couple

*Payable to Trinity Cathedral*

### To Register:

Return the completed registration with your check to:

Pre-Marital Workshop  
Trinity Episcopal Cathedral  
147 NW 19th Avenue  
Portland, OR 97209

# Registration

Please register us for the Pre-Marital Workshop on:

\_\_\_\_\_  
*(Make check payable to Trinity Cathedral)*

Name:

\_\_\_\_\_  
Address

\_\_\_\_\_  
City/State/Zip

\_\_\_\_\_  
Day Phone

\_\_\_\_\_  
Evening Phone

Partner's Name:

\_\_\_\_\_  
Address

\_\_\_\_\_  
City/State/Zip

\_\_\_\_\_  
Day Phone

\_\_\_\_\_  
Evening Phone

\_\_\_\_\_  
Please indicate e-mail address to receive notices:

\_\_\_\_\_  
Parish/Mission in which you will be married. If outside the Diocese of Oregon, please include the address:

\_\_\_\_\_  
Officiating Clergy, if known:

\_\_\_\_\_  
Wedding Date: